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Dear Parents, Carers & Children

This Week

We were awarded a Biodiversity grant from Newburgh Parish Council which we used to purchase window bird feeders, bird food, binoculars and bird identification books ready for the RSPB Big Bird Watch next week. These were delivered to classes by our Eco-Council members. Children are welcome to bring their own binoculars and bird identification books to school next week for this event.

PTA Meeting

Thank you to those who came to a very positive and productive PTA meeting on Tuesday evening. The minutes of the meeting are in this Newsletter. Of note: Doughnut orders will be collected on **Wednesday** please have orders in by this day. The date of the next meeting is **Tuesday 30**th **April at 7pm** – everyone is welcome to come along to discuss ideas for summer term fundraising. We are now looking to fundraise to repair the Willow Dome which is unfortunately unusable following the recent storms. We also have a big project for our Early Years outdoor space that the PTA have agreed to support.

Newburgh Beacons

On Friday 2nd February our Newburgh Beacons will be running in the school library (top of the playground) at 3.30. This 45ish minute session will be run by the church family service team and will be relaxed and friendly with refreshments. Parents and children are invited to join the group to chat about hope, what this means with God and also to create seed bombs and fill a raincloud with rainbow colours filled with hopes.

Science Week

Don't forget to contact us if you use science or technology in your working life. Our Science Week is from the $4^{th}-8^{th}$ March and we will be demonstrating to children the broad application of science and technology in real life. Any assistance you can give with this will be gratefully received!

Phones

The school phone lines are being upgraded on Tuesday 30th January. This may cause a little disruption while this work takes place.

Warmest Regards,

Headteacher



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Key Vocabulary – ask me about:

To challenge and deepen the understanding of key vocabulary learned this week in PSHE ask your child about these words:

Team Nursery: Unique. Meditate.

<u>Team Crane</u>: Our brain. Chimp brain.

<u>Team Halton</u>: Medicines. Helpful. Harmful.

<u>Team Lucas</u>: Veins. Heart rate.

<u>Team Rigby</u>: Conflict resolution.

Team Venables: Target audience. Internet search.

Moment of Mindfulness:

The Four Candles

The four candles burn slowly. The ambience is so soft you can hear them talking.

Candle 1: 'I am Peace, however nobody can keep me lit. I bet I

will go out.' The flame diminishes.

Candle 2: 'I am Faith, most of all, I am no longer

indispensable, so it doesn't make any sense that I stay lit any longer.' The flame goes out with a

breeze.

Candle 3: 'I am Love, I haven't got the strength to stay lit.

People put me aside and don't understand my importance, they even forget to love those who are

nearest to them.' The flame goes out.

A child enters the room and sees that three candles are no longer burning. 'Why are you not burning? You are supposed to stay lit until the end.' The child starts to cry.

Candle 4: 'Don't be afraid, while I am still burning we can re-

light the other candles. I am Hope!'

With shining eyes the child took the candle of hope and lit the other candles.

The flame of hope should never go out in your lives and each of us should help to maintain hope, faith, peace and love.

Let Your Light Shine Matthew 5:14-16

Those children who have demonstrated both effort in school and the Gospel Value of Hope are:-

Team Crane

Poppy

Team Halton

Harvey

Team Lucas

Emily

Team Rigby

Rhianna

Edward

Team Venables

Dixie

Samuel S.

Congratulations to the **CHERRY FAMILY** for gaining the most points

this week.

Times Tables Rock Stars Leaderboard:-

Year 3 – Julia Year 4 – Che Year 5 – Reuben

Year 6 – Dylan

Next Week at Newburgh:-Big Bird Watch Week

<u>Dinners</u> – Week 2

<u>Fri</u> – Newburgh Beacons 3.30pm.

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Message from the Eco Council

This January, we are taking part in Buy Nothing New Month! This campaign (led by Keep Britain Tidy) is all about cherishing the things we already have, repairing things rather than sending them to landfill and finding homes for things we no longer need. As a school we pledge to buy nothing new in January and challenge you to do the same at home!

To assist you in finding homes for things we no longer need we have two initiatives set up for your old clothes:

- Our PTA collect good condition uniform for our pre-loved uniform shop. We now have an order form available in the main entrance of school should you wish to place an order for uniform items.
- We have arranged a Rags 2 Riches collection on **22 February 2024.** Nearer the time children will be sent home with a bag to collect items of good clothing (NOT uniform), belts, handbags, paired shoes and other footwear. School will receive 50p for every kilo received and the items of clothing are sent to Ukraine to be sold as affordable clothing for those in need. Please consider whether or not the clothes you donate are suitable for someone else to buy and wear. You can start to drop off bags from February 19th (straight after half term).



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Newburgh CE School PTA Meeting Minutes 23rd January 2024

Attendance: Rebecca Fowler, Rebecca Applegate, Jessica Forshaw, Emma Jones, Jacqui Sharples, Lisa Hatton,

Nicky Moores, Rachel Menzies, Chrissy Quirk, Liz Taylor.

Apologies: Cathie Williams, Gaby Mahoney, Freya Hallsworth

PTA Newsletter

This was distributed to approximately 100 families. Well received by those present, felt to have visual impact and deliver a strong message about monies raised and what this has been spent on. It was suggested that this would probably be a useful communication tool in September to raise awareness of the PTA, celebrate fundraising from the previous year and advertise upcoming events for new families.

Autumn Term Events

Cheese & Wine Night, Wreath Making, Tea Towels & Children's Disco events ran in the Autumn Term. Those who helped organise were thanked for their efforts toward a successful fundraising term.

Upcoming Events

<u>Doughnut Sale 09.02.24</u> Reception parents are taking the lead on organising this, aided by Philippa Howard who has run this event before. Pre-order forms sent home in bags this week (deadline 31.01.24).

<u>Easter Bingo 22.03.24</u> Year 2 parents taking the lead on this event aided by Cathie Williams. A non-uniform day has been arranged for 15.03.24 in exchange for prizes. These will then need to be made up into hampers as prizes for the event.

Summer Term Ideas

RF suggested an opportunity at Sports Day to sell flags of each school house for family members to wave in support of children. Refreshments could also be sold at the event. JF added that she has access to a badge maker through work which could be utilised.

JF suggested she would be able to run a mindfulness session running a crochet workshop. Numbers would need to be limited and a donation would be needed for materials and to raise funds. EJ & JS offered to help support with this event. It was suggested that macramé may also be able to be added to this event (parent in question to be approached by PTA members). A provisional date of 26.04.24 was set for this event. CQ noted that this will need to be advertised a couple of weeks before Easter to ensure the event is not lost.

A fundraising event to appeal to Dads was discussed. A charity bike ride was suggested. This could involve a physical ride or an exercise bike to travel a suggested distance. RF added that we could tie this in with either

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the Euros (bike to Munich) or the Olympic Games (bike to Paris). There could be a £5 entry fee with the potential to be sponsored per mile. A Euros sweepstake & football cards were also mentioned.

Newburgh Fair is Saturday 22nd June which provides the possibility of a summer disco again and also a stall at the fair. Suggestions for the stall included selling items or a tombola (prizes could be donated for a non-uniform day).

School will also be holding an Art Exhibition in the summer term which may lead to opportunities to provide refreshments and raise funds somehow. The Nursery Sing-Along was also mentioned as an annual event at which refreshments could be sold.

It was agreed that the trial of each year group organising a particular event has been going well and we hope to continue this moving forwards.

100 Club

New supporters of this are needed as monthly income is currently down. RF suggested having a display board for Parents Evening to help encourage participation. It was suggested that it may be helpful to let supporters know what their numbers are and then advertise the winning number in the Newsletter. It was suggested that it may be useful to have a grid with the numbers on and give parents the option of purchasing additional numbers or one off numbers prior to the monthly draw. This would require a presence on the playground.

Vote for PTA Committee Members

The following volunteers were nominated and voted in:
Chair of the PTA – Rachel Menzies
Vice-Chair of the PTA – Jacqui Sharples
Treasurers – Nicky Moores & Freya Hallsworth
Media Officers – Emma Jones (Social Media) & Lisa Hatton (Newsletter)
Secretary – Chrissy Quirk

It was agreed to arrange a Committee Meeting ASAP to arrange the transfer of business.

AOB

RF agreed to share dates of school events with RM as soon as they are set in the diary and to include them in the Welcome Pack for new parents (September intake).

Date of next meeting: Tuesday 30th April at 7pm.

To be discussed – PTA stall at Newburgh Fair, Children's Summer Disco, Sports Day Memorabilia and Summer Bike Ride.

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Wellness & Recovery Workshops



The Wellness and Recovery Workshops are for people who are struggling with their mental health and are ready to start their recovery journey.

Through these workshops we aim to assist individuals to develop an effective action plan which will aid their wellbeing and support them through life's day to day challenges.

Our next workshops start Wednesday 7th February 6pm-8pm Online via MS Teams

For more information please email: cad@lscft.nhs.uk or find us on Eventbrite by searching for Wellness & Recovery Workshops.

Workshops take place over 6 sessions. Spaces are limited so please ensure you can make all dates before booking your place.

7th Feb, 6pm-8pm: Session 1: What do we mean by recovery? 14th Feb, 6pm-8pm: Session 2: Learning from our experiences:

21st Feb, 6pm-8pm: Session 3: Putting things in to Perspective and Early Warning Signs

28th Feb, 6pm-8pm: Session 4: Emotions and Triggers

6th Mar, 6pm-8pm: Session 5: Coping Strategies' and Support Networks

13th Mar, 6pm-8pm: Session 6: Self- advocacy and Hope





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